

WHY TRAIN WITH US:

- Over 40 years' experience in training and counselling practice
- Courses accredited by Irish Association for Counselling & Psychotherapy (IACP) and validated by Coventry University
- Based in a busy, community counselling centre
- Professional supervised practice, in-house placement opportunities and guidance on employability
- Part-time study options
- Experiential and applied learning
- Small class sizes tailored for the optimum group experience
- A unique emphasis on wonder, creativity and celebration while learning
- Specialist trainers who are practising counsellors and psychotherapists working within recognised codes of ethics
- Training that is inclusive and internationally relevant
- Incremental learning opportunities from Certificate to Honours Degree
- Throughout training students engage in a deepened process of applied personal development and self-awareness
- Students graduate with a sophisticated understanding of international, current and cutting edge research findings underpinning and supporting their clinical practice

**APPLICATIONS ARE CURRENTLY
BEING ACCEPTED.**

**For information or to
apply please contact:**

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Registered Charity Number CHY 8911



Do you want a fulfilling new career?

Train to be a Counsellor/ Psychotherapist



*Ordinary people can make
an extraordinary difference*



ONE-YEAR CERTIFICATE

Aim

The aim of the Certificate programme is to introduce students to professional counselling training, fostering personal awareness and supporting students to develop an understanding of theory, practice and research in Humanistic Integrative Counselling.

Structure

The one-year course is organised on a part-time basis. The group meets over nine workshops between October and June.

Content

- Personal Development
- Social and Cultural Awareness
- Lifespan Development
- Counselling Skills
- Counselling Theory
- Professional and Ethical Development
- Introduction to Research

Award

Students who successfully complete 90 credits will be awarded a Certificate in Introduction to Counselling and Psychotherapy Studies. This is not a professional qualification and will not permit the holder to practice.

Progression

Successful students are then eligible to apply to progress to Year 2 of the BSc (Hons) Counselling & Psychotherapy programme.

BSC (HONS) COUNSELLING & PSYCHOTHERAPY

Aim

The BSc (Hons) programme is aimed at those who wish to train to become professional counsellors in Integrative Humanistic Counselling and Psychotherapy.

Structure

The four-year course is organised on a part-time basis. The group meets over nine workshops between October and June each year. At the end of Year 2 students begin supervised counselling practice with clients.

Content

- Applied Personal Development
- Social and Cultural Awareness
- Relational Development
- Counselling Skills
- Counselling Theory
- Professional, Ethical Development
- Supervised Counselling Practice
- Professional Collaboration
- Research

Award

Students who successfully complete the course will be awarded a BSc (Hons) Counselling and Psychotherapy.

Accreditation

The course meets the training and qualification requirements for counselling practice is fully accredited by the Irish Association for Counselling and Psychotherapy (IACP).

WHAT SETS US APART?

Training with Cork Counselling Services Training Institute offers students a unique opportunity to gain accredited, professional qualifications in a humanistic integrative model of counselling. Person-centred, gestalt and existential approaches are central to this model. The program is taught by experienced trainers, ensuring students receive practical and theoretical knowledge with professional ethics at its core. A standout feature is the emphasis on personal development, self-awareness, which helps students build emotional fluency, empathy and resilience.

Additionally, supervised practice in our community counselling service enables students to refine their skills and confidently tackle real-world challenges.

Community Based Training

We place strong emphasis on creating a supportive, nurturing learning environment, to encourages both personal and professional growth. Students benefit from ongoing support, supervision, and networking opportunities that continue even after training, ensuring a smooth transition into their careers. The Institute's well established reputation within the local community and its commitment to high standards of ethical practice make it a trusted choice for those entering the counselling field.

If you are looking to make such a choice, we'd love to hear from you.