

Jigsaw (<https://www.activelink.ie/node/92386>)

At Jigsaw, we are here to make sure that every young person's mental health is valued and supported.

Mental health can affect every aspect of a young person's life. We believe every young person must have the support that's right for them, whatever they are going through.

Our vision

Our vision is for an Ireland where every young person's mental health is valued and supported.

Our new strategy represents fresh thinking. It acknowledges that new ways of working are feasible and that digital interventions must be central to all future thinking. It emphasises the true value in our approach at primary care level – in session rooms, in classrooms, in lecture halls, on sports grounds, workplaces, homes and more – these settings, both physical and digital, remain central to our strategic thinking.

Collectively, our response to Covid-19 has shown that we are capable of making widespread and significant changes in a short space of time. As a nation, and an organisation, we must maintain this spirit of flexibility, agility and openness to doing things differently. If we do, and we continue to listen, to work tirelessly and together, we believe we can achieve our vision of an Ireland that values and supports every young person's mental health.

Contact Info

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<https://jigsaw.ie/find-a-jigsaw/> (<https://jigsaw.ie/find-a-jigsaw/>)

Website

<https://jigsaw.ie/> (<https://jigsaw.ie/>)

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