

## **Wellsprings (<https://www.activelink.ie/node/92352>)**

### **Supporting young women through adulthood**

Wellsprings offers short to medium term residential placements for young women aged between 16-23 years, with the possibility of lifelong support through a dedicated outreach aftercare service.

We offer an inclusive, bespoke service that recognises the diverse needs of each young person, many of whom present with complex needs and have experienced significant loss and trauma in their young lives. They may be disconnected from their families and communities and need a secure base.

We are honoured to be a part of each young person's journey, to enhance their existing resilience helping them adapt to the daily challenges that life can send their way.

### **Contact Info**

#### **Wellsprings**

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#### **Website**

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