

## **Age Action Care and Repair Programme** **(<https://www.activelink.ie/node/90>)**

Age Action's Care and Repair does small DIY jobs, free of charge, for older people to help them maintain their homes and their independence. Operating in Cork, Dublin and Galway, Care and Repair does jobs that might be more difficult to complete as we get older but not big enough to call in a tradesperson.

### **Making Home Safer for Return From Hospital**

Age Action's Care and Repair prioritises carrying out jobs in the homes of older people who are being discharged or have recently been discharged from hospital. If someone is coming out of hospital, no matter where they live, we would support them to make sure their house is safe. Care and Repair can remove trip hazards, install handrails, replace toilet seats or move a bed downstairs to make sure the home is ready for their return. For any job that is too big or specialised for our team we can provide details of local tradespeople.

### **How To Get Help**

If you require work done in your home to make it safer you can call us on the numbers listed [here](https://www.ageaction.ie/how-we-can-help/care-and-repair/contact-care-and-repair) (<https://www.ageaction.ie/how-we-can-help/care-and-repair/contact-care-and-repair>).

#### **Contact Info**

#### **Care and Repair - Dublin office**

**Phone:** 01 4756989

**Fax:** 01 8729957

**Email:** [careandrepairdublin@ageaction.ie](mailto:careandrepairdublin@ageaction.ie) (<mailto:careandrepairdublin@ageaction.ie>)

#### **Care and Repair - Cork office**

**Phone:** 021 2067399

**Email:** [aac@ageaction.ie](mailto:aac@ageaction.ie) (<mailto:aac@ageaction.ie>)

#### **Care and Repair - Galway office**

**Phone:** 091 527831

**Fax:** 091 527828

**Email:** [aaw@ageaction.ie](mailto:aaw@ageaction.ie) (<mailto:aaw@ageaction.ie>)

#### **The postal address of Care and Repair is:**

Care and Repair

Age Action Ireland

30-31 Lower Camden St

Dublin 2

D02 EC96

**Email**

careandrepair@ageaction.ie

**Website**

<https://www.ageaction.ie/how-we-can-help/care-and-repair> (<https://www.ageaction.ie/how-we-can-help/care-and-repair>)

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