

## **Third Age - Summerhill Active Retirement Association** **(<https://www.activelink.ie/node/585>)**

In 1988 the Summerhill Active Retirement Group was established in response to the lack of facilities available to many members of the older community. This was the brainchild of Mary Nally, who from her first-hand experience of nursing older people at St. Joseph's Hospital in Trim, Co. Meath, was well aware of the negative health implications of lack of activities and isolation on older people. An approach to the older people in the village was met with great enthusiasm and support.

### **- The Senior Help Line**

The Senior Helpline is a voluntary helpline operated by older people for older people who feel lonely or isolated. The helpline is open seven mornings and seven evenings each week for the price of a local call from anywhere in Ireland. Established by the Summerhill Active Retirement Association, Co. Meath, it is now run by 160 volunteers from centres in counties Meath, Limerick, Cork, Cavan and in Mullingar.

#### **Contact Info**

##### **Third Age Centre**

Summerhill, County Meath

Tel: [\(046\) 9557766](tel:0469557766) (<tel:0469557766>)

##### **Email**

[info@thirdage-ireland.com](mailto:info@thirdage-ireland.com)

##### **Website**

<https://www.thirdageireland.ie/> (<https://www.thirdageireland.ie/>)

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