

## **[Aware \(https://www.activelink.ie/node/509\)](https://www.activelink.ie/node/509)**

Aware is a voluntary organisation formed in 1985 by a group of interested patients, relatives and mental health professionals, whose aims are to assist that section of the population whose lives are directly affected by depression.

Every year, over 10,000 people are admitted to Irish psychiatric hospitals with a depressive illness. We know that 400,000 people are currently suffering from depression in Ireland. Many hide their depression and never get help. Sadly, over 500 people's lives end each year in suicide. AWARE, since its foundation in 1985, has been working energetically to bring support to sufferers of depression and their families and to dispel the myths and misunderstandings of this devastating illness.

### **Contact Info**

#### **Aware**

72 Lower Leeson Street, Dublin 2

Phone: [01 6617211 \(Tel:016617211\)](tel:016617211)

The Aware Support Line [1800 80 48 48 \(Tel:1800804848\)](tel:1800804848)

Available Monday – Sunday, 10am to 10pm.

#### **Email**

[info@aware.ie](mailto:info@aware.ie)

#### **Website**

[https://www.aware.ie \(https://www.aware.ie\)](https://www.aware.ie)

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