

## **Cabra & Drumcondra Village Counselling Service** **(<https://www.activelink.ie/node/21037>)**

Community Based affordable Counselling/ Psychotherapy

Services offered:

Individual Counselling

Family, Teens, Couples/Relationship Counselling

Stress & Anger Management

Family Mediation

Employee Assistance Programmes (EAP)

Mindfulness based Cognitive Therapy (MBCT)

### **Contact Info**

40 Lower Drumcondra Road, Dublin 9

165 Cabra Road, Dublin 7

Ph: 01-537 6456 (Tel:015376456) / 089 238 6877 (Tel:0892386877)

### **Email**

dublincitycounsellors@gmail.com

### **Website**

<http://www.dublincounsellors.ie> (<http://www.dublincounsellors.ie>)

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