

Brahma Kumaris Ireland: What's on... May 2025 **(<https://www.activelink.ie/node/115254>)**

What's on... May 2025

All our events / courses are free of charge as a community service

SPECIAL EVENTS

Free talks at the Mind Body Experience
at the RDS, 3rd and 4th May- *see attached flier*

IN-HOUSE EVENTS

RAJA YOGA MEDITATION

In Hindi & English.

Raja Yoga Meditation in a Nutshell.

Dates: Sunday, 4th, 11th, 18th & 25th.

Time: 10am – 11am

Venue : The Centre

Empower the Self- Experience peace, wisdom and relaxation through 'yoga for the mind'

Booking required (<https://brahmakumaris.us14.list-manage.com/track/click?u=46b24fd93f627e70630ffd748&id=2d865c60e4&e=e81c1b57a7>)

SOUL CONSCIOUS MEDITATION

Dates: Thursdays; 1st, 8th, 15th, 22nd & 29th

Time: 12-1pm

Venue : The Centre

Experience inner peace, wisdom and relaxation through 'yoga for the mind'

booking required (<https://brahmakumaris.ie/events/registration/4217076-soul-conscious-meditation/6578324>)

DROP IN, POWER UP

Dates: Thursdays; 1st, 8th, 15th, 22nd & 29th

Anytime from 4pm - 7pm

Venue : The Centre

Take time out. Drop into the Centre and enjoy our Quiet Space, where you can Relax, Meditate and Reflect at leisure.
"Instruction available on request".

THE DEEP SECRETS OF SELF ESTEEM...

Explore the deep secrets of Self Esteem...discover and know the true you. * accept your uniqueness and identify your personal strengths

Date: Saturday 3rd May

Date: Saturday 31st May

Time: 1pm-2-30pm

Venue : The Centre

booking required (<https://brahmakumaris.ie/events/registration/4714093-the-secrets-of-self-esteem-course/6578322>) .

MEDITATION FOR WORLD PEACE

Sunday 18th May

Time: 12-30pm - 1-30pm.

Venue: The Centre

You are most welcome to join us where collectively we will shower the World & all that live in it with Powerful Healing Vibrations Filled with Peace & Love.

Booking Required (<https://brahmakumaris.ie/events/registration/29929-meditation-for-world-peace-dublin/6433198>)

ONLINE ZOOM EVENTS

Zoom Link with password <https://brahmakumaris-uk.zoom.us/j/88975969602?pwd=gFfx8hv3Xn4OjFZBcnbAF57lmZQZf7.1>
(<https://brahmakumaris-uk.zoom.us/j/88975969602?pwd=gFfx8hv3Xn4OjFZBcnbAF57lmZQZf7.1>)

VISION & PERCEPTION

As is your vision so is your world. How we see and perceive others is within our control.

Date - Tuesday 27th May

Time - 7.30pm - 8.30pm

Speaker: John McConnel

TALK AND GUIDED MEDITATION on Angels.

Who is an Angel? & What is the personality of an Angel

Saturday 3rd May.

Saturday 17th May.

Time: 12.15pm-1.00pm

Speaker: Roshan Kinkead

AUTHOR OF MY OWN HAPPINESS -

To what extent can we change our stories - and when and how do we hand the pen over to greater forces

Date - Wednesday 28th May 2025

Time - 11-am 12md

Speaker: Subhra Brahma

INTERNATIONAL ONLINE EVENTS:

MEDITATION FOR WORLD PEACE

Sunday 18th May

Time: 6.30pm – 7.30pm

Venue : Online - <https://globalcooperationhouse.org/watchlive> (<https://globalcooperationhouse.org/watchlive>)

Join us where collectively we will shower the World & all that live in it with Powerful Healing Vibrations Filled with Peace & Love.

RAJ YOGA MEDITATION In English, Hindi, Spanish & Portuguese

Courses: <https://globalcooperationhouse.org/whatson-courses> (<https://globalcooperationhouse.org/whatson-courses>)

Events (full events): <https://globalcooperationhouse.org/whatson-full> (<https://globalcooperationhouse.org/whatson-full>)

Experience peace, inner strength and wisdom through 'yoga for the mind'.

HINDI TALK SERIES

Every Wednesday Time: 7:30pm - 8:30pm

Online: <https://www.globalcooperationhouse.org/watchlive> (<https://www.globalcooperationhouse.org/watchlive>)

Join us for a series of online talks in Hindi covering various aspects of Raja Yoga Meditation.

THURSDAY TALK SERIES

Every Thursday Time: 7pm - 8pm

Online: <https://www.globalcooperationhouse.org/watchlive> (<https://www.globalcooperationhouse.org/watchlive>) Join us for a series of online talks in English offering different perspectives of Raja Yoga Meditation and its application in real life.

Region

Dublin & Online

Date Entered/Updated

24th Apr, 2025

Expiry Date

31st May, 2025

Attachment

Size

[Dublin RDS 2025 talks.jpg](#) 341.38
KB

Source URL: <https://www.activelink.ie/community-exchange/training/115254-brahma-kumaris-ireland-whats-on-may-2025>