

HUGG Kerry - Suicide Bereavement Pop-up Café **(<https://www.activelink.ie/node/115032>)**

Coffee, Cakes and Compassionate Conversations



Suicide Bereavement Pop Up Café

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<https://forms.office.com/pages/responsepage.aspx?id=DQSIkWsW0yxEjajBLZtrQAAAAAAMAAACRMhvNUM0wzQU1YNktaUkE3V1MzSINOWkcwSThQSi4u&route=shorturl>

If you have lost a loved one to suicide, recently or many years ago, you are warmly invited to join us for a complimentary cuppa and chat with others who understand your grief.

Led by trained volunteers with a lived experience of suicide loss, our pop-up café offers a safe, non-judgmental space for social connection, mutual support and shared understanding.

Whether you've lost a friend, family member, neighbour, teammate, or colleague, and if you are over 18, you are welcome to come along.

Take some time for yourself, to share memories of your loved one, exchange coping strategies, or simply be in the company of others who truly understand.



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Where: Tralee, Kerry, 10.30am to 12pm

When: April Thursday 24th, May Thursday 22nd, June Thursday 26th

To reserve a spot at one or more of our pop-up cafés please register [here \(https://hugg.us18.list-manage.com/track/click?u=60413ddc6b4c5eff81d7aa49e&id=e2b0b6143f&e=997426cb85\)](https://hugg.us18.list-manage.com/track/click?u=60413ddc6b4c5eff81d7aa49e&id=e2b0b6143f&e=997426cb85) OR email support@HUGG.ie (<mailto:support@HUGG.ie?subject=Suicide%20Bereavement%20Pop-up%20Cafe&body=null>) with your name & number,

and a member of our team will be in touch to give you more information OR call **01 513 4048** (tel:015134048) (our monitored answering machine).



(<https://forms.office.com/pages/responsepage.aspx?id=DQSIkWdsW0yxEjajBLZtrQAAAAAAAAAAAAAAMAACRMhvNUM0wzQU1YNktaUkE3V1MzSINOWkcwSThQSi4u&route=shorturl>)

Region

Tralee, Co Kerry

Reserve a spot (<https://forms.office.com/pages/responsepage.aspx?id=DQSIkWdsW0yxEjajBLZtrQAAAAAAAAAAAAAAMAACRMhvNUM0wzQU1YNktaUkE3V1MzSINOWkcwSThQSi4u&route=shorturl>)

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Date Entered/Updated

11th Apr, 2025

Expiry Date

11th Jun, 2025

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