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## **SOSAD Ireland: Volunteer Suicide Intervention Officer** **(<https://www.activelink.ie/node/114603>)**

### **Volunteer Opportunity: Suicide Intervention Officer (SIO)**

Are you a compassionate listener who wants to make a real difference? SOSAD Ireland is seeking Volunteer Suicide Intervention Officers (SIOs) to join our volunteer team and provide vital support to those in crisis.

#### **About the Role**

##### **As an SIO, you will:**

- Offer confidential, non-judgmental support to individuals in distress through our 24/7 Freephone Helpline.
- Use active listening techniques and our four-step suicide intervention process to assist callers.
- Work remotely via Microsoft Teams, ensuring accessibility across Ireland.

#### **Who We're Looking For**

- A minimum 3-month commitment, including availability for night shifts and weekends.
- Strong verbal communication skills, including clear and effective speech, to provide support over the phone.
- The ability to actively listen, respond with empathy, and remain calm under pressure.
- A stable internet connection to ensure seamless engagement with callers.

#### **Why Volunteer with SOSAD?**

- Comprehensive training and ongoing support.
- The opportunity to help save lives and be part of a compassionate team.
- A chance to develop valuable skills in crisis intervention.

#### **Interested?**

Contact Sean or Lorraine on **(047) 72 375** (Tel:04772375 ) or email [monaghancoordinator@sosadireland.ie](mailto:monaghancoordinator@sosadireland.ie) (<mailto:monaghancoordinator@sosadireland.ie>)

##### **Region**

Remote

##### **Date Entered/Updated**

24th Mar, 2025

##### **Expiry Date**

24th May, 2025

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