

<u>Understanding Self Harm – Leixlip</u> (https://www.activelink.ie/node/114488)

9th April 2025

This one-day training is designed to raise awareness for individuals and agencies who seek to understand more about self-harm, the reasons underlying self-harm behaviours and improve upon personal and agency responses to those who self-harm.

It aims to reduce the stigma of self-harm, improve awareness and sensitivity to self-harm issues and promote effective care services for those who self-harm. The programme seeks to promote the principles of respect, understanding and choice.

Training is free and suitable for those age over 18.

<u>Understanding Self Harm Leixlip (https://bookwhen.com/dublinsouth-kildare-west-wicklow/e/ev-sbde-20250409090000)</u>

Region Leixlip, Co Kildare

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