

Depaul: Mental Health Report 2025 **(<https://www.activelink.ie/node/114405>)**



Breaking The Cycle: Addressing Mental Health And Homelessness through integrated care

Mental Health Report 2025



A new report from Depaul and Mental Health Reform highlights the severe mental health crisis among Ireland's homeless population. While 1 in 5 Irish individuals experience mental health challenges, this figure dramatically increases for those experiencing homelessness. The report reveals that at least 1 in 2 residents in Depaul services are struggling with depression, anxiety, and suicidal thoughts – a crisis hidden in plain sight.

The report's findings are based on Depaul's administrative data of 4,504 individuals and self-reported experiences, but given the barriers to self-reporting and the limitations of data collection, the actual figure is likely even higher.

Ireland ranks 3rd highest in Europe for mental health difficulties, with 19% of the population affected (European Commission, 2019). However, within Depaul's services, 36.9% of residents (2018-2023) reported enduring mental health difficulties, requiring intervention – nearly twice the national rate.

Key Findings of the Report include:

- 16% of Depaul residents have been hospitalised for mental health issues, rising to 38% among those who self-report mental health difficulties.
- Only 4% of Depaul residents have access to a psychiatric nurse, and just 9.4% can see a counsellor.
- 88% of service providers cite staff shortages and long waiting lists as major barriers to accessing care.
- 39% of people experiencing homelessness struggle with both mental health and substance misuse issues.

Take action now. Every voice matters.

The system is failing the most vulnerable. Read the full report to understand the depth of this crisis.

Read full report here (https://ie.depaulcharity.org/wp-content/uploads/sites/2/2025/03/Mental_Health_Homelessness_Research_Report_.pdf)

Read report summary here (<https://ie.depaulcharity.org/wp->

content/uploads/sites/2/2025/03/Depaul_Mental_Health_Homelessness_Report_ResearchBrief_.pdf)

Region

Nationwide

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