

## **Foundation Programme in Sexual Health Promotion - Limerick** **(<https://www.activelink.ie/node/114263>)**



Applications are now being sought for the Foundation Programme in Sexual Health Promotion (FPSHP). The FPSHP will take place in Limerick City in Autumn 2025 and will be jointly facilitated by the HSE Health and Wellbeing and GOSHH. The aim of the course is to enhance participants' capacity to incorporate sexual health promotion into their work through the development of their confidence, knowledge and skills in relation to sexual health.

This free comprehensive six-day Foundation Programme in Sexual Health Promotion (FHSHP) is for health, education, youth and community service providers who wish to develop their confidence, skills and knowledge in the area of sexual health promotion.

### **Content**

This programme will look at sexual health promotion holistically throughout the life-stages and covers the following topics:

An introduction to health promotion, sexual health, sexual rights and inequalities, sexual health promotion within the Irish context, gender, sexual orientation and inclusive practice, a life course approach to sexual health, healthy and unhealthy relationships, intimacy and sexual pleasure, sexual consent, sexuality and the law, physical sexual health, the role of sexual health promotion policy and raising the issue of sexual health with clients.

### **Certification**

This course is certified by HSE Health and Wellbeing.

### **Application process:**

As places are limited on each course there is a two-step application process.

- Step 1: Application Form (which requires a signature from your line manager/Supervisor)
- Step 2: Zoom interview

### **Dates:**

- Wednesday September 10th and Thursday September 11th 2025
- Wednesday October 8th and Thursday October 9th 2025
- Tuesday November 18th and Wednesday November 19th 2025

**Closing date for applications:** Thursday April 12th 2025

**To receive an application form please email Health and Wellbeing (also attached below)**

**Email:** [healthandwellbeing.training@hse.ie](mailto:healthandwellbeing.training@hse.ie) (<mailto:healthandwellbeing.training@hse.ie>)

### **Region**

Limerick

### **Date Entered/Updated**

6th Mar, 2025

### **Expiry Date**

12th Apr, 2025

<b>Attachment</b>	<b>Size</b>
<u><a href="#">Sexual Health 2025 Graphic Word PDF.pdf</a></u>	569.61 KB
<u><a href="#">FPSHP Application Form Autumn 2025.docx</a></u>	4.68 MB

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**Source URL:** <https://www.activelink.ie/community-exchange/training/114263-foundation-programme-in-sexual-health-promotion-limerick>