

## **Foróige Youth Mentoring – Dublin Central: Volunteers** **(<https://www.activelink.ie/node/114031>)**



### **Foróige Youth Mentoring - Dublin Central**

#### **About us...**

Foróige's Mentoring Programme connects adult volunteers with young people, aged 10 to 18, who seek friendship and support. By dedicating just one hour per week, you can significantly impact a young person's life.

A match is made based on shared interests, hobbies and personalities. You would meet regularly, typically for an hour a week, to engage in activities and build a positive relationship.

Applicants undergo screening, which includes Garda vetting, interviews and reference checks. You will be provided with training and ongoing support throughout your match with the young person.

The young people live locally, from a variety of backgrounds, and would benefit from developing a friendship with a caring adult outside of their family. Through this friendship, you can inspire young people to develop positively.

Research indicates that participants in Foróige's Mentoring Programme experience improved emotional well-being, better social support, enhanced attitudes toward education, and reduced engagement in risky behaviors.

#### **Who are we looking for?**

We are looking for volunteers aged 18+ in and around Dublin Central who are interested in making a difference in a young person's life.

We welcome applicants with good communication skills, enthusiasm, motivation, patience, empathy, and reliability. Most importantly, we seek those with an interest and belief in mentoring young people and the impact it can have.

Successful adult volunteers are asked to share one to two hours a week with the young person they are matched with. The initial commitment requested is for one year.

#### **What is required to Volunteer?**

To express your interest in Volunteering, [Click Here to Apply \(https://foroige.tfaforms.net/f/bbbsvoleoi?tf\\_a\\_459=a0T5J000000cOmm\)](https://foroige.tfaforms.net/f/bbbsvoleoi?tf_a_459=a0T5J000000cOmm)

For more information contact Maisie Pearce at [maisie.pearce@foroige.ie](mailto:maisie.pearce@foroige.ie) (<mailto:maisie.pearce@foroige.ie>), or Carla Wade at [carla.wade@foroige.ie](mailto:carla.wade@foroige.ie) (<mailto:carla.wade@foroige.ie>)

#### **Screening details for volunteers include:**

- Garda Vetting
- Informal Interviews
- References
- Application Form
- Proof of Identification

## Volunteers will receive the following support...

- Support/Advice/Recognition
- Regular Supervision
- Initial induction and training
- Reimbursement of expenses
- Ongoing training opportunities

**Sign up today, and make a difference!**

### **Region**

Dublin

### **Date Entered/Updated**

24th Feb, 2025

### **Expiry Date**

24th Apr, 2025

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