

## **ARC Cancer Support Centres: Volunteer Reflexologists** **(<https://www.activelink.ie/node/113986>)**



### **ARC is seeking volunteer reflexologists for its Cancer Support Centres in**

- 65 Eccles Street, Dublin 7 and
- Lowell House, 23 Herbert Avenue, Dublin 4

Reflexology is a popular complementary therapy that ARC clients value and benefit from. They tell us that it eases side-effects of their treatment and reduces feelings of stress.

ARC, Lowell House, 23 Herbert Avenue has free therapeutic space on

- Tuesday morning and/or
- Friday afternoon

ARC, 65 Eccles Street has free therapeutic space on

- Wednesday afternoon,
- Thursday afternoon and
- Friday all day.

If you would like to volunteer 3 – 4 hours per week to provide reflexology, we would love to hear from you.

### **About ARC**

ARC is a community cancer support centre. We have three Centres across Dublin. Our mission is to provide psychological, emotional, practical, and educational support to people with cancer and those who care for them, through a warm, welcoming and client centred approach and to ensure that everyone in Ireland is aware of, and able to access these services.

Our Centres are a haven from the outside world, offering free-of-charge support to men, women and children affected by cancer and those who care for them. We offer a range of supports including information service by phone, e-mail and drop in, counselling, complementary therapies, survivorship courses, support groups, wellness classes and talks.

### **Volunteer Process**

Apply by completing the attached application form and return to Therapeutic Lead, Helen Hughes by email to [helenhughes@arccancersupport.ie](mailto:helenhughes@arccancersupport.ie) (<mailto:helenhughes@arccancersupport.ie>) with Volunteer Reflexologist in the Subject Line.

ARC completes Garda Vetting for all volunteers. ARC requires and supports volunteers to complete necessary trainings such as Children First and Safeguarding Vulnerable Adults or to submit in date training certifications on the above trainings.

#### **Region**

Dublin 7 & 4

#### **Date Entered/Updated**

21st Feb, 2025

#### **Expiry Date**

21st Apr, 2025

<b>Attachment</b>	<b>Size</b>
<u><a href="#">Reflexologist_Role Description.docx</a></u>	105.77 KB
<u><a href="#">Reflexologist Volunteer Application Form.docx</a></u>	230.04 KB

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**Source URL:** <https://www.activelink.ie/community-exchange/volunteering/113986-arc-cancer-support-centres-volunteer-reflexologists>