

<u>Understanding Self Harm – Carmelite Centre, Aungier Street</u> (https://www.activelink.ie/node/113749)

6th March 2025

This one-day training is designed to raise awareness for individuals and agencies who seek to understand more about self-harm, the reasons underlying self-harm behaviours and improve upon personal and agency responses to those who self-harm.

It aims to reduce the stigma of self-harm, improve awareness and sensitivity to self-harm issues and promote effective care services for those who self-harm. The programme seeks to promote the principles of respect, understanding and choice.

Training is free and suitable for those age over 18.

<u>Understanding Self Harm – Aungier Street Dublin (https://bookwhen.com/dublinsouth-kildare-west-wicklow/e/ev-sfsl-20250306090000)</u>

Region

Dublin 2

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Date Entered/Updated

11th Feb, 2025

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