

## **HSE: safeTALK (Suicide Alertness for Everyone) - Kells** **(<https://www.activelink.ie/node/113626>)**

### **SafeTALK Training (Suicide Alertness for Everyone) - Kells 24th February 2025**

SafeTALK is a half-day alertness training which prepares attendees, regardless of prior experience or training, to become a suicide-alert helper. Most people with thoughts of suicide don't truly want to die, but are struggling with the pain in their lives.

SafeTALK 'suicide alertness for everyone' teaches the four basic steps to recognise when people have thoughts of suicide, prepares participants to identify persons with thoughts of suicide and connect them to suicide first aid resources.

Training is free and suitable for those age over 18.

[SafeTALK Kells \(https://bookwhen.com/suicidepreventiontraininglouthmeath/e/ev-s4sx-20250224100000\)](https://bookwhen.com/suicidepreventiontraininglouthmeath/e/ev-s4sx-20250224100000)

24th February 2025 10am – 1:30pm GMT

Kells Family Resource Centre, Lord Edward Street, Archdeaconry Glebe, Kells, Co. Meath

#### **Region**

Kells, Co Meath

[Register Here \(https://bookwhen.com/suicidepreventiontraininglouthmeath/e/ev-s4sx-20250224100000\)](https://bookwhen.com/suicidepreventiontraininglouthmeath/e/ev-s4sx-20250224100000)

#### **Date Entered/Updated**

5th Feb, 2025

#### **Expiry Date**

24th Feb, 2025

#### **Attachment**

#### **Size**

[SafeTALK Poster Kells February 2025.pdf](#)

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