

Diabetes Ireland: Unleash the Power of Your Words - Free Creative Writing Workshops **(<https://www.activelink.ie/node/113303>)**

Unleash the Power of Your Words: Free Creative Writing Workshops for Children, Teens, and Adults with Type 1 Diabetes

Diabetes Ireland, in partnership with Abbott, is delighted to present *The Power of the Pen*, a unique series of free creative writing workshops for children, teens, and adults with Type 1 Diabetes.

Led by the renowned spoken word poet **Duke AI**, these workshops offer an inspiring opportunity to:

- Discover your creative voice
- Share your personal story
- Connect with others who understand your journey

Location: Crowne Plaza Hotel, Santry, Dublin

Date: Wednesday, February 19th

Workshop Schedule:

8–10 years: 10:00 am–11:00 am – Fun with poetry and expressing emotions about living with diabetes.

10–13 years: 11:30 am–1:00 pm – Breaking barriers in poetry and exploring diabetes' impact on sports.

13–16 years: 2:30 pm–4:00 pm – Creating a visual “mask” for an invisible condition.

Adults: 6:30 pm–8:00 pm – Tackling and breaking the stigma surrounding diabetes.

Spaces are limited—sign up today!

Reserve your spot here:

- **8–10 years:** [The Power of the Pen Workshop](https://www.diabetes.ie/registration-details-the-power-of-the-pen-workshop-by-duke-ai-8-10-year-olds/) (<https://www.diabetes.ie/registration-details-the-power-of-the-pen-workshop-by-duke-ai-8-10-year-olds/>)
- **10–13 years:** [The Power of the Pen Workshop](https://www.diabetes.ie/registration-details-the-power-of-the-pen-by-duke-ai-10-13-year-olds/) (<https://www.diabetes.ie/registration-details-the-power-of-the-pen-by-duke-ai-10-13-year-olds/>)
- **13–16 years:** [The Power of the Pen Workshop](https://www.diabetes.ie/the-power-of-the-pen-by-duke-ai-13-16-year-olds/) (<https://www.diabetes.ie/the-power-of-the-pen-by-duke-ai-13-16-year-olds/>)
- **Adults:** [The Power of the Pen Workshop](https://www.diabetes.ie/registration-details-the-power-of-the-pen-by-duke-ai-adults/) (<https://www.diabetes.ie/registration-details-the-power-of-the-pen-by-duke-ai-adults/>)

Let's come together and turn words into a source of strength and inspiration!

Region

Santry, Dublin 9

[More Information](https://www.diabetes.ie/event/unleash-the-power-of-your-words-free-creative-writing-workshops-for-children-teens-and-adults-with-type-1-diabetes/) (<https://www.diabetes.ie/event/unleash-the-power-of-your-words-free-creative-writing-workshops-for-children-teens-and-adults-with-type-1-diabetes/>)

Date Entered/Updated

21st Jan, 2025

Expiry Date

19th Feb, 2025

Source URL: <https://www.activelink.ie/community-exchange/events/113303-diabetes-ireland-unleash-the-power-of-your-words-free-creative-writing-workshops>