

Aware: Counsellor(s) or Clinical Counselling Psychologist(s) or Psychotherapist(s) (<https://www.activelink.ie/node/113181>)



Counsellor(s) or Clinical Counselling Psychologist(s) or Psychotherapist(s)

Reporting to: Director of Services

Responsible to: Director of Services

Located at: Option to deliver sessions virtually or in-person from Aware's Head Office (9 Leeson Street Upper, D4)

Hours: One year contract role with flexible hours

Aware is currently recruiting a team of experienced mental health professionals to deliver a new counselling service being offered by the organisation. This service can be delivered virtually or in-person from Aware's Head Office in Dublin 4, with flexible hours to accommodate other professional or personal commitments.

Aware is a well-known and highly respected charity in the mental health sector providing free support, education and information services to people impacted by depression, bipolar disorder, and other mood related conditions. Our support services include our Support & Self-Care Groups, a Support Line, Support Mail and the new Solace Café service. We also deliver a wide range of education and wellbeing programmes designed to empower adults, as well as senior cycle second level students with the knowledge and skills to build resilience and protect their mental health.

To support the fulfilment of our mission, we are developing a counselling service to provide professional psychological interventions to people experiencing depression, bipolar disorder and anxiety. We are seeking counsellors, clinical counselling psychologists and/or psychotherapists to work with us to fulfil our mission and to continue this important and valuable work in our society.

The role:

These are contractor roles, where the person(s) delivering counselling will be employed on a contract for services basis.

The contract for services is one year in duration.

Principal duties:

- To provide short-term counselling contracts (up to eight sessions in duration) to people experiencing depression, anxiety, who may also have a diagnosis of bipolar disorder.
- To implement evaluation and outcome measures for the formal evaluation and research of Aware's counselling service.
- To complete and maintain healthcare records to the highest of standards.
- To complete relevant administrative duties, including the implementation and recording of evaluation and outcome measures to the highest of standards.
- To participate in ongoing clinical supervision specific to the role of counsellor / clinical counselling psychologist / psychotherapist at Aware.

Candidate specification:

- All counsellors / clinical counselling psychologists / psychotherapists employed to conduct this work on behalf of Aware will have a recognised degree or professional post-graduate qualification in counselling, clinical, counselling psychology or psychotherapy recognised for accreditation by one of the following as appropriate: PSI, IACP, ICP, IAHIP.

- For clinical or counselling psychologists, a post-graduate professional qualification accredited and recognised by the PSI in clinical or counselling psychology is required. For clinical, counselling psychologists who obtained their professional qualification outside of Ireland validation from the Department of Health is required.
- All counsellors / clinical counselling psychologists / psychotherapists employed to conduct this work on behalf of Aware will have fully accredited membership with one of the following as appropriate: PSI, IACP, ICP, IAHIP.
- All counsellors / clinical counselling psychologists / psychotherapists employed to conduct this work on behalf of Aware will have a minimum of eight years post-accreditation experience in a clinically relevant area, having provided a range of psychological interventions in a wide range of settings, and with a diverse range of client presentations.
- Clinical experience of and expertise in the areas of depression, bipolar disorder and other mood related conditions is essential.
- Extensive experience working in an organisation in the mental health sector is required.
- Training in at least one of the following is required: cognitive behavioural therapy, schema therapy, cognitive analytic therapy, psychoanalytic psychotherapy, compassion focused therapy.

Desirable Criteria:

- Experience / interest using evaluation and outcome measures as part of delivering counselling contracts with clients.
- Knowledge of current theories and research in mental health, depression and anxiety.

Application:

For people wishing to apply for this position please send your CV along with a cover letter outlining your desire and suitability for this position, for the attention of Méadhbh Boyle to recruitment@aware.ie (<mailto:recruitment@aware.ie>) by 5pm on Wednesday 5th of February.

Region

Virtually / Dublin 4

Date Entered/Updated

16th Jan, 2025

Expiry Date

5th Feb, 2025

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