

## **Understanding Self Harm – Rowlagh, Clondalkin** **(<https://www.activelink.ie/node/113072>)**



**30th January 2025**

This one-day training is designed to raise awareness for individuals and agencies who seek to understand more about self-harm, the reasons underlying self-harm behaviours and improve upon personal and agency responses to those who self-harm.

It aims to reduce the stigma of self-harm, improve awareness and sensitivity to self-harm issues and promote effective care services for those who self-harm. The programme seeks to promote the principles of respect, understanding and choice.

Training is free and suitable for those age over 18.

**Understanding Self Harm Rowlagh (<https://bookwhen.com/dublinsouth-kildare-west-wicklow/e/ev-syha-20250130090000>)**

**Region**

Clondalkin, Dublin 22

[Understanding Self Harm Rowlagh \(<https://bookwhen.com/dublinsouth-kildare-west-wicklow/e/ev-syha-20250130090000>\)](https://bookwhen.com/dublinsouth-kildare-west-wicklow/e/ev-syha-20250130090000)

**Date Entered/Updated**

13th Jan, 2025

**Expiry Date**

30th Jan, 2025

<b>Attachment</b>	<b>Size</b>
<u><a href="#">USH Poster Rowlagh January 2025.pdf</a></u>	180.74 KB

---

**Source URL:** <https://www.activelink.ie/community-exchange/training/113072-understanding-self-harm-rowlagh-clondalkin>