

## **SafeTALK Training (Suicide Alertness for Everyone) - Dundalk** **(<https://www.activelink.ie/node/113070>)**

**BECOME SUICIDE ALERT!**



**safeTALK**  
*suicide alertness for everyone*

**30th January 2025**

SafeTALK is a half-day alertness training which prepares attendees, regardless of prior experience or training, to become a suicide-alert helper. Most people with thoughts of suicide don't truly want to die, but are struggling with the pain in their lives.

SafeTALK 'suicide alertness for everyone' teaches the four basic steps to recognise when people have thoughts of suicide, prepares participants to identify persons with thoughts of suicide and connect them to suicide first aid resources.

Training is free and suitable for those age over 18.

**SafeTALK Dundalk (<https://bookwhen.com/suicidepreventiontraininglouthmeath/e/ev-sd3i-20250130100000>)**

**Region**

Dundalk, Co Louth

[SafeTALK Dundalk \(<https://bookwhen.com/suicidepreventiontraininglouthmeath/e/ev-sd3i-20250130100000>\)](https://bookwhen.com/suicidepreventiontraininglouthmeath/e/ev-sd3i-20250130100000)

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30th Jan, 2025

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