

## **IICP College: Certificate in Counselling & Psychotherapeutic Studies – Online (<https://www.activelink.ie/node/112424>)**



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### **IICP Certificate in Counselling and Psychotherapeutic Studies Winter Cert 2024 – Fully Online**

QQI 20 credit certificate providing an excellent introduction to the field of counselling & psychotherapy.  
Introduction

Our Certificate Programme is the perfect entry point for those considering a career in counselling and psychotherapy as it contains an excellent mix of theory, skills, and personal development. All IICP teaching staff are therapy practitioners, which means they put their teaching into a real-world context.

#### **Programme Aims**

##### **Upon completion, learners should be able to:**

1. Demonstrate broad elementary knowledge of two main therapy approaches: Person Centred Therapy and Choice YTheory/Reality Therapy.
2. Describe the evolution of counselling and psychotherapy from historical to contemporary perspectives.
3. Discuss mental illness and its treatment, including modern therapeutic approaches.
4. Identify the scope and limitations of counselling and psychotherapy.
5. Appreciate basic ethical considerations for working with others.
6. Describe the essential components of a therapeutic relationship.
7. Engage in simulated practice of basic counselling practice.
8. Apply core counselling and psychotherapeutic skills in simulated practice.
9. Participate in reflective exercises in one-to-one and group settings.
10. Consider the role of the self in the therapeutic relationship.
11. Recognise the limitations of one's own knowledge, skills, and competencies; and
12. Communicate effectively in academic and practice settings.

#### **Entry Routes**

This programme is suitable for those either working in the helping professions or interested in seeking to develop their awareness of what is involved in training as a counsellor/psychotherapist.

- A qualification recognised at level 5 on the National Framework of Qualifications (NFQ) such as the Leaving Certificate is required for entry onto this programme.
- Those with substantial life experience can also apply under our recognition of prior learning and experience policy.

#### **Overview**

The programme consists of three introductory modules in the subjects of Counselling Theory, Counselling Skills, and Personal Development. It is a highly interactive programme, delivered through a variety of teaching approaches such as lectures, group discussion, experiential work, individual exercises, and self-directed learning.

#### **Student Benefits & Support**

As our certificate is conferred at Level 6 on the National Framework of Qualifications (NFQ), it evidences the rigour required for a quality programme of learning. The dynamic mix of theory, skills, group work, practice and personal development ensures learners grow academically, professionally, personally, and interpersonally within frameworks that are on the cutting edge of best practice.

## Validation of Award

This Certificate is a Special Purpose Award validated by QQI at level 6 on the NFQ. Learners who complete this programme are exempt from the first 20 credits of our degree.

## Course Dates:

- Saturday 07.12.2024 – 9am – 5pm
- Sunday 08.12.2024 – 9am -5pm
- Saturday 11.01.2025 – 9am – 5pm
- Sunday 12.01.2025 – 9am – 5pm
- Saturday 08.02.2025 – 9am – 5pm
- Sunday 09.02.2024 – 9am – 5pm
- Saturday 01.03.2025 – 9am – 5pm
- Sunday 01.03.2025 – 9am – 5pm

**Course Cost** €1300 (Including €50 QQI Fee)

## To apply:

**For more details or to book online, please visit our website:**

**<https://www.iicp.ie/courses/certificate/> (<https://www.iicp.ie/courses/certificate/>) or contact**

**the IICP Office Phone: 01 5788965 (tel:015788965 ) Email: [admissions@iicp.ie](mailto:admissions@iicp.ie)**

**(<mailto:admissions@iicp.ie>)**

### Region

Online

### Date Entered/Updated

27th Nov, 2024

### Expiry Date

27th Jan, 2025

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