

## **safeTALK (Suicide Alertness for Everyone) - Castlebellingham 5th December (<https://www.activelink.ie/node/112079>)**

SafeTALK is a half-day alertness training which prepares attendees, regardless of prior experience or training, to become a suicide-alert helper. Most people with thoughts of suicide don't truly want to die, but are struggling with the pain in their lives.

### **SafeTALK Castelbellingham 5th December**

**(<https://bookwhen.com/suicidepreventiontraininglouthmeath/e/ev-sqo2-20241205180000>)**

#### **Region**

Co Louth

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#### **Date Entered/Updated**

11th Nov, 2024

#### **Expiry Date**

5th Dec, 2024

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