

**Mental Health Ireland: Cavan Monaghan Connects -
Communications Coordinator (Part Time)**
(<https://www.activelink.ie/node/111572>)



**Cavan Monaghan Connects -
Communications Coordinator (Part Time)**

The salary for this post is analogous with HSE 2020 Salary Scale plus 8%, in line with October 2023

The salary for this post is based on 8 hours work per week analogous with HSE 2020 Salary Scale plus 8%, in line with October 2023 WRC Agreement on Section 39 Pay.

The salary scale is in line with HSE Grade V, Point 3 €46,408.00 (plus the 8%) per annum.

The Salary for the post will be €10,836.90 (inclusive 8%) per annum, based on the pro rata 8 hours per week.

Working Hours 8 per week

**PLEASE QUOTE REFERENCE NUMBER JOB REFERENCE NO 2024-024 WITH YOUR APPLICATION.
EMAIL ONLY PLEASE.**

Mental Health Ireland (MHI) is a national voluntary organisation promoting mental health, wellbeing & recovery using a process called coproduction to ensure that the voices of the end user are heard at all stages of programme development, delivery and evaluation. Our network of volunteer-led Mental Health Associations (MHAs) active throughout the country is supported by a dynamic staff team including Development Officers.

Our National Head Office is based in Dun Laoghaire, with 110 staff members distributed throughout Ireland. Our work in promoting mental health and wellbeing and supporting people in recovery from significant mental health challenges, is funded by the HSE and supported through public donations.

Mental Health Ireland is a values-driven, person-centred organisation acting at both national and local levels. We are the national driver of mental health promotion and recovery awareness and education. We achieve this through evidence-based information provision, resources, campaigns, training, events, bursaries and our support of Recovery Education Services. We are led by the values of recovery, hope, empowerment and self-determination. We ensure that lived experience is a central informant of our work. We believe that everyone has the right to access the supports of our choosing when and where we need them and the right to be supported in recovery to live healthy and meaningful lives.

This Partnership:

HSE Connecting for Life Cavan Monaghan has established an inter-agency working group that seeks to improve access to information and support for people who may be at risk of mental health difficulties including self-harm and suicide. The inter-agency group has identified the need for an online presence in order to support a more co-ordinated and streamlined approach to promoting messages and content related to positive mental health and suicide prevention for a range of target audiences across the two Counties.

This stems from a concern that people are not aware of supports available or are not accessing relevant supports, and an

underlying assumption that current methods of communication are not sufficiently effective.

This project seeks to improve access to information and support for people who may be at risk of mental health difficulties including self-harm and suicide. It seeks to create a culture of help-seeking, prioritising mental and physical wellness and to reduce the stigma associated with speaking about mental health challenges and with reaching out for help at times of mental distress.

The post holder will be responsible for the website upkeep and social media presence for a local Wellbeing Platform **Cavan Monaghan Connects**) that will be supported by all agencies involved in the existing partnership in order to:

- Promote safe, timely and evidence-based messages and mental health supports; and
- Reinforce and embed national mental health campaigns at local level.

The website will include a range of key sections containing important information on:

- Directory of services
- Training opportunities
- News and events
- Resources section

The online presence will include social media platforms such as Facebook, Tik Tok, LinkedIn, Instagram and X and will be setup, managed and maintained in a safe and coordinated manner.

The expected impact and outcomes from the initiative include:

- Improved access to messages of support and services to help reach target groups and individuals.
- More effective and co-ordinated provision of health care messages and signposting of supports.
- Improved engagement with digital platforms by service users, including hard to reach individuals and communities.
- Improvements in help seeking behaviours – enhanced access to information on supports/services available.
- Reduction in stigma surrounding mental health, including conversations about mental health challenges and seeking help for mental health difficulties.
- Improvements in health outcomes for people living in Cavan and Monaghan.

Working closely with the Cavan Monaghan Connects Working Group, the Communications Coordinator will take a lead on developing, building and sustaining its digital presence, including its website and all social media management. They will work closely with members of the Working group to support the communication and sharing of info on mental health campaigns plus other local events, initiatives services etc. This is critical to the success of Cavan Monaghan Connects and the achievement of our aims across Cavan and Monaghan.

How to apply:

To apply for this position, please submit a cover letter setting out your reasons for applying for the position along with your Curriculum Vitae to recruitment@mentalhealthireland.ie (<mailto:recruitment@mentalhealthireland.ie>)

Download the full Job Description from the Mental Health Ireland website.(<https://www.mentalhealthireland.ie/mental-health-ireland-jobs/>)

Closing date for receipt of applications is 12 noon on Friday 8th November 2024. Applications received outside this time will not be considered. Applications received outside this time will not be considered. Shortlisting will be carried out based on the information received in your CV and letter of application.

Shortlisting to conclude Monday 11th November 2024 with Interviews to take place 14th & 15th November 2024.

For informal enquiries, please contact Conor Geoghegan, National Development Manager (Community), via Mental Health Ireland HQ (01) 284 1186 (tel:012841186).

Please ensure to include the relevant Job Reference Number 2024-024 in your letter of application and CV.

Region

Remote / Cavan / Monaghan

Date Entered/Updated

16th Oct, 2024

Expiry Date

8th Nov, 2024

Source URL: <https://www.activelink.ie/vacancies/community/111572-mental-health-ireland-cavan-monaghan-connects-communications-coordinator-part-time>