

## **The Learning Curve Institute: NEW - Remote Learning - The Psychodynamics of Eating Disorders** **(<https://www.activelink.ie/node/111521>)**

### **NEW: Remote Learning: The Psychodynamics of Eating Disorders**

***This workshop is eligible for learning credits/CPD points for members of The Psychological Society of Ireland.***

This new introductory workshop, delivered live by Dr. Kevin Fehin, will explore the psychodynamics of eating disorders as it relates to a mental health diagnosis such as anorexia nervosa, bulimia nervosa, or binge-eating disorder.

Mental Health practitioners may struggle with knowing how to best respond to this complex emotional issue and may react with a countertransference of frustration, fear, or helplessness. This workshop examines the observable symptoms of the various eating disorders, the developmental factors and family system patterns that often underpin disordered eating, the crucial relationship between eating disorders and the compulsion to control both emotional needs and bodily sensation.

Participants will explore both their emotional reactions and therapeutic experiences to illuminate the function disordered eating plays in a person's life. The focus of the training will then move to possible treatment options, with a specific emphasis on psychodynamic theory and practical strategies for supporting individuals struggling with disordered eating.

Presented by Kevin Fehin, Senior Clinical Psychologist and Psychotherapist. Kevin is currently employed in the Adult Mental Health Service with the HSE. Among other qualifications he holds a Masters in Psychoanalytic Studies.

**Suitable for:** psychologists, psychotherapists, counsellors and health care professionals who seek a better understanding of disordered eating and how to help those who are struggling.

**Date:** 04 December 2024 | 09:30 – 16:30 (CET-1)

**For full details** on the course please click here:

<https://www.thelearningcurve.ie/courses/new-remote-learning-the-psychodynamics-of-eating-disorders-workshop>  
(<https://www.thelearningcurve.ie/courses/new-remote-learning-the-psychodynamics-of-eating-disorders-workshop>)

### **Learning outcomes:**

At the end of this workshop participants should have been given the tools to enable them to have an in-depth understanding of eating disorders, specialised interventions most notably psychodynamic approaches, enhanced therapeutic skills, improved therapeutic relationships and increased insight into the function of transferences and resistances. Mental health practitioners who undertake this training will be better equipped to support individuals with eating disorders.

### **Certification:**

Participants will receive an eCertificate of Completion in **The Psychodynamics of Eating Disorders'** from The Learning Curve Institute.

### **About The Learning Curve Institute:**

The Learning Curve Institute is Ireland's leading specialist trainer in mental health, addiction and best practice in the workplace providing a bespoke service to healthcare professionals, education establishments and industry.

Some of the organisations and bodies that The LCI has delivered in house training workshops and courses to over the past 15 years are:

- EmployAbility
- Health Service Executive
- The Probation Service

- The Defence Forces
- Baxter Healthcare
- Allergan Pharmaceuticals Ireland
- Element Six, De Beers Group
- The Medical Council
- Merchants Quay
- Maynooth University
- The Simon Communities: Dublin, Dundalk, Galway, Belfast and Cork
- The Homeless Agency
- Peter McVerry Trust

## Other Information:

The Learning Curve Institute offers a unique pre-course questionnaire to each participant to ensure the training meets the needs of everyone in the group and is tailored to the appropriate level while also covering specific situations or scenarios as highlighted by the group.

In addition, there is a post course support system available whereby participants are provided with the contact details of the trainer and are free to contact them with any questions they may have.

## Costs:

Price €135.00

This includes a copy of the workshop slides, other supporting documents and links to relevant literature by email and an eCertificate from The Learning Curve Institute.

Booking:

To secure a place on the workshop go <https://www.thelearningcurve.ie/courses/new-remote-learning-the-psychodynamics-of-eating-disorders-workshop> (<https://www.thelearningcurve.ie/courses/new-remote-learning-the-psychodynamics-of-eating-disorders-workshop>) and book online. For further information or assistance regarding bookings contact the office on 098 25530 or email [info@thelearningcurve.ie](mailto:info@thelearningcurve.ie) (<mailto:info@thelearningcurve.ie>)

The course has a limited number of spaces available so immediate booking is advisable.

**Website:** [www.thelearningcurve.ie](https://www.thelearningcurve.ie) (<https://www.thelearningcurve.ie/>)

**Phone:** 098 25530 (tel:09825530)

**Email:** [info@thelearningcurve.ie](mailto:info@thelearningcurve.ie) (<mailto:info@thelearningcurve.ie>)

## Region

Remote

Full details here (<https://www.thelearningcurve.ie/courses/new-remote-learning-the-psychodynamics-of-eating-disorders-workshop>)

## Date Entered/Updated

14th Oct, 2024

## Expiry Date

29th Nov, 2024

---

**Source URL:** <https://www.activelink.ie/community-exchange/training/111521-the-learning-curve-institute-new-remote-learning-the-psychodynamics-of-eating-disorders>