

Helium Arts: Autumn / Winter Programme of Art Workshops **(<https://www.activelink.ie/node/111176>)**

Introducing Our Free Autumn / Winter Programme of Art Workshops

Do you know a **child aged 6-16** living with a **lifelong physical health condition** who would benefit from **building confidence, connecting with others and expressing themselves through creative activities**?

We are now taking registrations for our busiest Autumn/Winter workshop season yet!

Whether you're in **Cork, Dublin, Ennis, Galway, Limerick, Mallow, Nenagh, or prefer online**– we've got you covered! Don't miss out, sign up today and secure your spot!

All workshops are facilitated by professional artists, supported by friendly volunteers and on-site medical staff.

Supported conditions include diabetes, epilepsy, cystic fibrosis, allergies, heart conditions, asthma, spina bifida, juvenile arthritis, and rare or complex conditions.

Find a Workshop (<https://helium.ie/workshops/>)

Thank You to our Funders

Region

Nationwide

Sign Up! (https://docs.google.com/forms/d/e/1FAIpQLSfZnS742805VZ51aaGlqa4scbBCIREfoXDWtC6V-z_gzLdWtg/viewform)

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