

HSE: Let's Talk about Suicide - Online Programme **(<https://www.activelink.ie/node/111034>)**

Suicide Prevention: An introductory online suicide prevention programme has recently been launched by the HSE/NOSP: 'Let's Talk about Suicide'.

This is a very good and interactive programme with the aim of helping participants to identify people who are at risk, confidently ask about the topic of suicide and give encouragement to connect in with relevant resources that can help to provide safety. The programme contains videos and guided online content and can be completed in approx. 1hr.

To enrol and complete Let's Talk About Suicide, visit: **NOSP Training Hub** (<https://traininghub.nosp.ie/>)/
www.traininghub.nosp.ie (<http://www.traininghub.nosp.ie/>)

Region

Online

[More Information \(https://traininghub.nosp.ie/\)](https://traininghub.nosp.ie/)

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