

## **HSE: Understanding Self-Harm Workshops - Tullamore** **(<https://www.activelink.ie/node/111033>)**

### **Understanding Self-Harm Workshops** **1 day Understanding Self-Harm Workshop**

Understanding Self-Harm Training is a 1-day programme which aims to develop participants' knowledge and understanding of self-harm and the reasons underlying such behaviour. The program also helps participants consider the needs of people who self-harm.

**Date:** 5th December

**Location:** Tullamore

**Time:** 9am – 4.30pm.

**More Information:** <https://bookwhen.com/suicidepreventiontrainingmidlands/e/ev-s28f-20241205090000>  
(<https://bookwhen.com/suicidepreventiontrainingmidlands/e/ev-s28f-20241205090000>)

**Region**

Tullamore, Co Offaly

[Register here \(https://bookwhen.com/suicidepreventiontrainingmidlands/e/ev-s28f-20241205090000\)](https://bookwhen.com/suicidepreventiontrainingmidlands/e/ev-s28f-20241205090000)

**Date Entered/Updated**

20th Sep, 2024

**Expiry Date**

20th Nov, 2024

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**Source URL:** <https://www.activelink.ie/community-exchange/training/111033-hse-understanding-self-harm-workshops-tullamore>