
Free Recovery College South East Courses, September - December 2024 (<https://www.activelink.ie/node/111018>)

The Recovery College South East provides free educational workshops for people who are experiencing mental health and addiction challenges. The workshops are co-produced by people with lived experience of these challenges and who found recovery education beneficial to their recovery.

We are inviting you to join us in our new Recovery Education Programme for Autumn/Winter 2024. All our courses and workshops are co-produced and co-delivered by those who have lived experience in partnership with professional expertise, “the expert by experience working alongside the expert by profession”.

Background Information

The Recovery College South East is a free educational program for people experiencing mental health and addiction challenges. The workshops are co-produced by people with experience of these challenges and professionals.

Contact Details

Recovery College South East enrolrecoverycollegesoutheast@gmail.com
(<mailto:enrolrecoverycollegesoutheast@gmail.com>)

Dates, venues and booking information

See attached flyer for course descriptions, dates, venues and booking information.

Region

South East

Date Entered/Updated

19th Sep, 2024

Expiry Date

19th Nov, 2024

Attachment

[Recovery College Timetable \(Sept - Dec 2024\)
Kilkenny.docx](#)

Size

803.68
KB

Source URL: <https://www.activelink.ie/community-exchange/training/111018-free-recovery-college-south-east-courses-september-december-2024>