

Age Action: What is Positive Aging Week 2024 **(<https://www.activelink.ie/node/110996>)**

September 30th - October 6th 2024

What is Positive Aging Week (PAW)?

Positive Ageing Week (PAW) is an initiative by Age Action to celebrate the contributions of older people and to promote their agency. The event emphasises the positive aspects of aging and the significant roles older individuals play in our communities and families. The week-long event happens yearly, with a new theme, and aims to challenge stereotypes and misconceptions about aging and to highlight the positivity and vitality of older age.

2024 Theme: Challenging Ageism

Positive Ageing Week 2024 will carry on the theme of Challenging Ageism – Reframing How We Think, Feel and Act towards ageing and older persons.

Anyone and everyone can participate in PAW. We encourage community-based events, organised by groups or individuals as well as national events, in partnership with Age Action or not, to reflect the diversity of experience and situation of older people.

[Find out more about Positive Ageing Week and ageism here.\(https://positiveageingweek.com/about-us/\)](https://positiveageingweek.com/about-us/)

- Planning an Activity? [Register Here \(https://positiveageingweek.com/event-register/\)](https://positiveageingweek.com/event-register/)
- Need Inspiration? [Get Activity Ideas \(https://positiveageingweek.com/event-ideas/\)](https://positiveageingweek.com/event-ideas/)
- Want to Join an Activity? [Find An Activity \(https://positiveageingweek.com/events/\)](https://positiveageingweek.com/events/)
- Need Resources? [Get Resources \(https://positiveageingweek.com/resources-to-help/\)](https://positiveageingweek.com/resources-to-help/)

Region

Nationwide

[More information \(https://positiveageingweek.com/\)](https://positiveageingweek.com/)

Date Entered/Updated

19th Sep, 2024

Expiry Date

6th Oct, 2024

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