

## **Shine: Mental Health Recovery Support Worker - Galway / North West (<https://www.activelink.ie/node/110974>)**



### **Mental Health Recovery Support Worker**

**Job title:** Mental Health Recovery Support Worker

**Reporting to:** Regional Mental Health Team Leader

**Salary:** €36,320 per annum

**Roles:** Full-time role

**Contract type:** Permanent contract

**Location:** This position will cover Galway / North West.

#### **Purpose of role:**

- To manage a caseload of individuals and peer support groups
- Implement and practice the Shine Recovery and Engagement Model to empower people to manage their mental health recovery effectively.
- The Mental Health Recovery Support Worker will work in the community with people who experience ongoing mental health difficulties and with people who are family/supporters.
- To promote and deliver the aims and objectives of Shine in accordance with strategic and operational plans.
- To foster the Shine ethos and values.

#### **Duties and responsibilities:**

##### **Key working with people who experience ongoing mental health difficulties and with people who are family/supporters.**

- Assist people who use our services in developing and/or implementing a recovery plan that identifies areas of support and goal development, ensuring goals are attainable and time specific, and that the individual plays an integral role in the decision-making process.
- Build trusting and non-judgemental relationships with users of the service.
- Using a person-centred approach to key working
- Support people on their journey of recovery using a range of approaches, including family recovery support.
- Record progress and impact and outcomes of the service.
- Signpost, outreach and advocate in partnership with service users in their community.
- Assist people who use our services to develop social support networks in their community.
- Work as part of a system that enables immediate response to our phonenumber brief information and support queries.

#### **Community Engagement**

- Promote the work of Shine through the provision of information talks, presentations and awareness events in the community.
- Build relationships with statutory and community partners.
- Collaborate with statutory and other voluntary/community sector partners on projects and initiatives focused on mental health and recovery.

## Training/ Facilitation

- Facilitation and delivery of Shine groups
- Support and deliver Shine education courses.
- Provide support to facilitators of Shine groups and education courses.

## Other duties

- Develop and participate in specific Shine projects.
- Maintain up to date records of all work using a CRM
- Participate in the development, evaluation and implementation of services.
- Work cooperatively as a member of the Shine team.
- Participate in team meetings and case reviews
- Any other duties as required by Shine

## Person specification

- Previous experience in community and/or recovery work using a person-centred approach.
- Excellent communication, time management and organisational skills.
- Ability to maintain professional standards with regard to people who use our services.
- An empathetic and non-judgemental approach to working with people.
- Flexibility in approach to work.
- Knowledge and understanding of mental health and recovery services in Ireland.
- Ability to work within a team and follow direction as well as the ability to work alone and on your own initiative.
- Proficient in IT use such as CRM, Microsoft Outlook, Excel

## Qualifications and requirements

- A recognised third-level qualification in a relevant health and social care discipline.
- Previous experience of facilitating groups
- Previous experience of delivering training/education programmes to groups.
- At least 2 years post-qualification experience working in a relevant field.

## Shine benefits include:

- Support and supervision provided by your line manager on a regular basis.
- Training and ongoing professional development.
- Flexible working hours.
- Access to Employee Assistance Programme.
- 24 days annual leave per annum plus one wellbeing day per annum.
- Access to Shine pension scheme with contribution from employer
- Death in service benefit.
- Paid maternity and paternity leave.

## APPLICATION PROCESS

Application is by CV and cover letter to [recruit@shine.ie](mailto:recruit@shine.ie) (<mailto:recruit@shine.ie>).

Shine is an equal opportunities employer, committed to promoting and maintaining a diverse and inclusive work environment.

For informal enquiries please contact [recruit@shine.ie](mailto:recruit@shine.ie) (<mailto:recruit@shine.ie>)

**Application Deadline:** 17th October 2024

### Conditions of Appointment:

All offers of posts are subject to receipt of satisfactory references, Garda Vetting approval and completion of HSE Land Children First E-learning programme prior to commencement of employment.

## Region

Galway / North West

**Date Entered/Updated**

18th Sep, 2024

**Expiry Date**

17th Oct, 2024

---

**Source URL:** <https://www.activelink.ie/vacancies/health/110974-shine-mental-health-recovery-support-worker-galway-north-west>