

Inclusive Dance Cork: 2-day Introduction Workshop in Inclusive Dance (<https://www.activelink.ie/node/110970>)

2-day Introduction Workshop in Inclusive Dance

3rd and 4th November 2024, from 10 am to 6 pm each day, at Dance Cork Firkin Crane, Cork City.

This workshop is open to people **with and without disabilities** who are passionate about exploring inclusive contemporary dance.

Key details:

- **Dates:** 3rd & 4th November 2024
- **Time:** 10 am - 6 pm
- **Venue:** Dance Cork Firkin Crane, Cork City
- **Cost:** Free
- **Age Requirement:** 18+

About Inclusive Dance Cork (IDC):

Inclusive Dance Cork is a unique training program for individuals with and without disabilities who are eager to learn about inclusive dance methods. It's a space for dancers to explore expressive movement, facilitating a supportive environment for people of all abilities.

Inclusive Dance Cork is a project of Dance Cork Firkin Crane

Read more about IDC [here](https://dancecorkfirkincrane.ie/inclusive-dance-cork-idc/) (<https://dancecorkfirkincrane.ie/inclusive-dance-cork-idc/>).

To apply:

Participants should send a CV and cover letter to louisa@firkincrane.ie (<mailto:louisa@firkincrane.ie>), detailing their interest in attending.

The application deadline is **20th October 2024**.

Region

Cork City

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Date Entered/Updated

18th Sep, 2024

Expiry Date

20th Oct, 2024

Attachment

Size

[IDC_Nov_Workshop_Insta.png](#) 1.25 MB