

IICP College: Certificate in Cognitive Behavioural Therapy **(<https://www.activelink.ie/node/110907>)**



QQI Level 9 Certificate in Cognitive Behavioural Therapy

The aim of this award is to equip practitioners with an up-to-date, cutting edge training in CBT as one approach to therapy.

Introduction

The programme consists of four full teaching days, plus a half day tutorial spread out over four full teaching days. Learners have eight months to complete their clinical work and should be practicing therapists upon application. Learners will engage in both theoretical and practical training in CBT (considering both Ellis and Beck). The programme is highly interactive and utilises a variety of teaching and learning methods.

Student benefits and support

As this award is conferred at Level 9 on the National Framework of Qualifications (NFQ), it evidences the rigour required for a quality programme of learning. The dynamic mix of theory, skills, and clinical work ensures learners grow academically, professionally, personally and interpersonally within frameworks that are on the cutting edge of best practice.

Who Should Apply

This programme is suitable for counsellors and psychotherapists who hold either a Level 8 Degree in Counselling and Psychotherapy; or who hold a professional recognised diploma in Counselling and Psychotherapy plus a minimum of a Level 8 degree in another relevant field. Recognition of Prior Learning (RPL) can also be considered for entry and should be discussed with the college.

Course Structure

The programme consists of four full teaching days, plus a half day tutorial spread out over four months. Learners have eight months to complete their clinical work and should be practicing therapists upon application. Learners will engage in both theoretical and practical training in CBT (considering both Ellis and Beck). The programme is highly interactive and utilises a variety of teaching and learning methods. This programme is delivered via Blended Learning. It consists of both onsite classroom based teaching in inputs, and live online teaching inputs. For onsite inputs, learners attend our campus in Tallaght, and for online inputs, learners utilise Zoom and Moodle, which involves students and their lecturer logging into our online learning platform Moodle and use Zoom™ simultaneously.

Dates: Friday Option

Friday 04.10.2024 – 9:30am – 5:00pm – Online

Friday 25.10.2024 – 9:30am – 3:00pm – Classroom

Friday 08.11.2024 – 9:30am – 11:00am – Online

Friday 15.11.2024 - 9:30am – 5:00pm – Classroom

Friday 22.11.2024 – 9:30am – 5:00pm – Online

Dates: Block Option

Friday 07.03.2025 – 9:30am – 1:00pm – Online

Sunday 09.03.2025 – 2:00pm – 5:00pm - Online

Friday 11.04.2025 – 9:30am – 5:00pm – Classroom

Sunday 13.04.2025 – 9:30am – 5:00pm – Classroom

Friday 16.05.2025 – Classroom 9:30am – 5:00pm – Classroom

****Please note you will be joining current 1st year students to complete this module****

Award:

This programme is a Minor Award validated by QQI at level 9 on the NFQ

Cost:

€945.00

€285.00 deposit can be paid to secure your place on this course, with the balance due before the course commences.

For further information visit our website

<http://www.iicp.ie/courses/cbtminoraward/>

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or contact:

IICP Office – [0879055330 \(Tel:0879055330\)](tel:0879055330)

Email: [admissions@iicp.ie \(mailto:admissions@iicp.ie\)](mailto:admissions@iicp.ie)

Region

Dublin 24 / Online

Date Entered/Updated

16th Sep, 2024

Expiry Date

16th Nov, 2024

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