

<u>Diabetes Ireland: Go Blue your Way and Celebrate World Diabetes</u> <u>Day on November 14th (https://www.activelink.ie/node/110853)</u>



World Diabetes Day is the most important day for the global diabetes community. We are asking you to Go blue your way and celebrate on November 14th or during November.

Make a donation and support Diabetes Ireland, the charity dedicated to people living with diabetes and their families who need your support.

Make a <u>Donation (https://diabetesie.enthuse.com/cf/go-blue-your-way-for-world-diabetes-day-2024)</u> and upload your Photos/Videos on Social Media using #goblueyourwayfordiabetes

Upload your photos/videos to our social media channels, tag us on Instagram, Twitter, Facebook and LinkedIn, and donate to support Diabetes Ireland. #goblueyourwayfordiabetes

Alternatively, you can email your photos/videos to **info@diabetes.ie** (mailto:info@diabetes.ie) and we will share them across our social channels and members magazine.

With your support, **Together We Can Make a Difference** to help maintain our vital services supporting people with diabetes and their families!

Other Fundraising Ideas

- Wear Blue: Pop on something blue for the day and consider making a donation.
- Crazy Blue Hair: Fancy a bit of fun? Dye your hair a bonkers shade of blue.
- Run/Walk in Blue: Go for a run or stroll, kitted out in blue from head to toe.
- Blue at Work: Brighten up your workday by wearing blue, whether you're in the office or on a Zoom call.
- Blue Coffee Break: Grab a cuppa with your mates or colleagues—it's the perfect time for a catch-up.
- Quiz Night: Organise a cracking quiz night with family and friends.
- Paint Your Nails Blue: Give your nails a blue makeover and tell everyone why you're doing it.
- Do It Your Way: However you fancy, go blue and help raise awareness for Diabetes.

Perfect for a bit of fun and supporting a great cause!

For more information see: https://www.diabetes.ie/fundraise-for-us/goblue2024/ (https://www.diabetes.ie/fundraise-for-us/goblue2024/)

Region

Nationwide

Make a Donation (https://diabetesie.enthuse.com/cf/go-blue-your-way-for-world-diabetes-day-2024)

Date Entered/Updated

12th Sep, 2024

Expiry Date

14th Nov, 2024

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