

Mid West ARIES: Workshop Timetables October 2024 **(<https://www.activelink.ie/node/110842>)**

Mid West Recovery Education Service (ARIES) are delighted to announce our free October schedule.

For October, we have our Family and Carers Mental Health Recovery Month where we have a range of in-person and online events.

Mid West ARIES aims to provide the Mid West Region with an inspirational and inclusive educational programme on recovery and wellbeing in mental health.

Our free courses are for anyone aged 18+ with an interest in recovery and mental health. The topics of the courses are created and delivered by people with lived experience, family members and staff working within the mental health services. This is called co-production and means that everyone has a say in what goes in to the courses.

Places can be booked through the following link: <https://midwestaries.eventbrite.ie> (<https://scanner.topsec.com/?d=2120&r=show&u=https%3A%2F%2Fmidwestaries.eventbrite.ie%2F&t=c92200045193f19f88aa12463c3ee607e9d85f2c>) or by email to Cillian Keane at cillian.keane@hse.ie (<mailto:cillian.keane@hse.ie>).

Please do not hesitate to contact us at Mid West ARIES if you require any further information or visit our website at <http://hse.ie/mwaries> (<https://scanner.topsec.com/?d=2120&r=show&u=http%3A%2F%2Fhse.ie%2Fmwaries&t=2dbd808419c7804d44bd0abf17adef6112a5d9af>) or find us on social media @MidWestARIES

Region

Mid West Region & Online

[Book Here \(https://www.eventbrite.ie/o/mid-west-aries-30819577380\)](https://www.eventbrite.ie/o/mid-west-aries-30819577380)

Date Entered/Updated

12th Sep, 2024

Expiry Date

31st Oct, 2024

Attachment

	Size
MWA Family Recovery in Mental Health Month October Events 2024.pdf	958.07 KB
MWA Foynes Library October 2024 .pdf	216.35 KB
MWA October Online Timetable 2024 .pdf	268.1 KB
MWA Hunt Museam October 2024.pdf	657.45 KB

Source URL: <https://www.activelink.ie/community-exchange/training/110842-mid-west-aries-workshop-timetables-october-2024>