

Grow Mental Health: Regional Area Leads X4 (Part Time) **(<https://www.activelink.ie/node/110825>)**



Regional Area Leads (x4) Part Time (22.5 hours/week)

Working remotely, or from a Grow Office if located nearby with travel across the region

Closing date for applications is **Friday, 4th October 2024**

This is a fantastic opportunity for motivated individuals who are passionate about empowering the recovery of people who are affected by mental health challenges.

The purpose of the role is to work directly with the Head of National Programs, The National Program Officer, the Regional Program Team in the specific Region and the national support team to lead the work plan driven by the organisation's strategic plan and objectives.

Regional areas include: West/Northwest, Dublin/Midlands, Dublin/Northeast, Dublin/Southeast

Grow Mental Health (Grow MH) is a community of people drawn together by our first-hand experience of mental health challenges. With over 60 years' experience supporting people in personal growth and recovery, we provide a space where people can tell their story in a confidential and friendly setting.

Using a world-renowned, evidence-based program, our members meet weekly, establish friendships, and begin their unique journey toward mental well-being. Funded by the HSE and fundraising activity, Grow MH operates through a national network of peer support groups that encourage positive action through shared wisdom and practical guidance. Meetings are weekly, are confidential and open to all individuals over 18, no referral is needed.

Employees work directly and indirectly with Grow MH groups and members of the public. The main types of direct work are the encouragement of the peer support process which includes group member empowerment, connecting to resources, experiential sharing, building community, relationship building, group empowerment, skills building, mentoring, goal setting, self-esteem building and socialisation. The main types of indirect work are group planning and development, administration, awareness raising, fundraising, team communication, supervision, training, providing support, education, information gathering and verification.

For more details on Grow Mental Health visit our website www.grow.ie (<http://www.grow.ie/>)

Attached are job descriptions for the roles.

Application is by Cover letter and CV to craigmoore@grow.ie (<mailto:craigmoore@grow.ie>)

Any queries relating to the role to craigmoore@grow.ie (<mailto:craigmoore@grow.ie>) contact Craig Moore on 01-8408236 (tel:018408236)

Grow Mental Health is an affirmative action and equal opportunity employer. All qualified applicants will receive consideration for employment without regard to gender, civil status, family status, sexual orientation, age, disability, race, religion, membership of the travelling community. Grow Mental Health is committed to providing access, equal opportunity and reasonable accommodation for individuals with disabilities in employment, its services, programs, and activities. To request reasonable accommodation, contact craigmoore@grow.ie (<mailto:craigmoore@grow.ie>).

Region

Nationwide

Date Entered/Updated

11th Sep, 2024

Expiry Date

4th Oct, 2024

Attachment	Size
<u>Regional Area Lead - Public Health West and North West.docx</u>	28.46 KB
<u>Regional Area Lead Dublin and Midlands.docx</u>	154.64 KB
<u>Regional Area Lead Dublin and North East.docx</u>	152.96 KB
<u>Regional Area Lead - Public Health Area Dublin and South East.docx</u>	28.5 KB

Source URL: <https://www.activelink.ie/vacancies/community/110825-grow-mental-health-regional-area-leads-x4-part-time>