

The Learning Curve Institute: Remote Learning: Trauma informed Practice Workshop (<https://www.activelink.ie/node/110745>)

Remote Learning: Trauma informed Practice Workshop

This workshop has been approved by The Psychological Society of Ireland and The Addiction Counsellors of Ireland for Learning Credits/CPD points.

The purpose of this workshop is to start a conversation about how trauma and adversity affects and has affected those who use the services we provide and the appropriate responses we can implement and offer; to reflect on how others' trauma experiences may affect those of us providing services – vicarious trauma and; to examine how we, as professionals, volunteers and peer workers, can embrace a trauma informed approach, including self-care, within our practice.

This two day training course will be delivered live on Zoom and will allow you to interact with your trainer and other participants in a virtual classroom. In addition to the workshop content there will be live discussions, question & answer sessions and skills practice. You can access the course wherever you have an internet connection.

Participants should have some work experience. Suitable for: Therapists and Counsellors (please note: this is not designed for experienced therapists), early childhood Educators and Care Professionals and those working in Social Care, Youth and Family Care, Nursing Practitioners, Addiction Services and Homeless Agencies.

Dates: 14 and 15 November 2024 | 09.30 – 16.30 (GMT+1) each day

For full details on the course please click here: <https://www.thelearningcurve.ie/courses/remote-learning-trauma-informed-practice-workshop> (<https://www.thelearningcurve.ie/courses/remote-learning-trauma-informed-practice-workshop>)

Programme Content

- Introduction & Focus
- Trauma Informed Care & Trauma Informed Principles
- Conversation about language, counselling models and practice
- Vicarious Trauma, Self-care and Post-traumatic Growth and Resilience
- Substance Use/Misuse and Trauma

Participants will receive an emailed copy of the presentation, other supporting documents and links to relevant literature by email which will enable them to develop their understanding of Trauma Informed Practice appropriate to this level. In each session participants will have the opportunity to observe and participate in role-plays and discussions via Zoom.

Learning Outcomes:

At the end of the workshop participants should have been given the tools to enable them to have:

- An increased understanding of trauma and vicarious trauma
- An awareness of the approaches assisting how we might respond as trauma-informed practitioners - both in practical terms and in terms of encouraging agency responses - bearing in mind that trauma informed training requires a longer process than two days
- An increased awareness of Trauma Informed Care & Trauma Informed Principles
- An increased understanding of the relationship between trauma and addiction
- A greater awareness of the presence of trauma in participant's workplace
- Better self-care awareness

Certification:

Participants will receive an eCertificate of Completion in "Trauma Informed Practice" from The Learning Curve Institute.

About The Learning Curve Institute:

The Learning Curve Institute is Ireland's leading specialist trainer in mental health, addiction and best practice in the workplace providing a bespoke service to healthcare professionals, education establishments and industry.

Some of the organisations and bodies that The LCI has delivered in house training workshops and courses to over the past 15 years are:

- EmployAbility
- Health Service Executive
- The Probation Service
- The Defence Forces
- Baxter Healthcare
- Allergan Pharmaceuticals Ireland
- Element Six, De Beers Group
- The Medical Council
- Merchants Quay
- Maynooth University
- The Simon Communities: Dublin, Dundalk, Galway, Belfast and Cork
- The Homeless Agency
- Peter McVerry Trust

Other Information:

The Learning Curve Institute offers a unique pre-course questionnaire to each participant to ensure the training meets the needs of everyone in the group and is tailored to the appropriate level while also covering specific situations or scenarios as highlighted by the group.

In addition, there is a post course support system available whereby participants are provided with the contact details of the trainer and are free to contact them with any questions they may have.

Costs:

Price €265.00

This includes a copy of the workshop slides, other supporting documents and links to relevant literature by email and an eCertificate from The Learning Curve Institute.

Booking:

To secure a place on the workshop go to <https://www.thelearningcurve.ie/courses/remote-learning-trauma-informed-practice-workshop> (<https://www.thelearningcurve.ie/courses/remote-learning-trauma-informed-practice-workshop>) and book online. For further information or assistance regarding bookings contact the office on 098 25530 or email info@thelearningcurve.ie (<mailto:info@thelearningcurve.ie>)

The course has a limited number of spaces available so immediate booking is advisable.

Website: www.thelearningcurve.ie (<https://www.thelearningcurve.ie/>)

Phone: 098 25530 (tel:09825530)

Email: info@thelearningcurve.ie (<mailto:info@thelearningcurve.ie>)

Region

Remote

Full details (<https://www.thelearningcurve.ie/courses/remote-learning-trauma-informed-practice-workshop>)

Date Entered/Updated

9th Sep, 2024

Expiry Date

8th Nov, 2024

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