

## **MyMind Providing Free Therapy for those Affected by DCB** **(<https://www.activelink.ie/node/110533>)**

MyMind are currently offering six free psychotherapy and counselling sessions to those affected by Defective Concrete Blocks in Donegal, Mayo, Limerick, and Clare. This project aims to support occupants of homes that have been damaged due to the use of defective concrete blocks containing excessive amounts of mica or pyrite. Appointments are available online and face to face in our Mayo and Limerick locations. The project has been made possible through the Enhanced Defective Concrete Blocks Grant Scheme, with this free mental health support available to all households receiving the grant.

**Register at [www.mymind.org](http://www.mymind.org) (<http://www.mymind.org>) or call our team on (+353) 818 800 500 (tel:+353818800500)**

### **Region**

Online / Mayo / Limerick

[Register here \(https://www.mymind.org/\)](https://www.mymind.org/)

### **Date Entered/Updated**

28th Aug, 2024

### **Expiry Date**

28th Oct, 2024

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