

The Learning Curve Institute: Remote Learning - Complex Trauma Workshop (<https://www.activelink.ie/node/110441>)

Remote Learning: Complex Trauma Workshop

This workshop is eligible for Learning Credits/CPD points from The Psychological Society of Ireland and The Addiction Counsellors of Ireland.

Presented online by Kevin Fehin, Senior Clinical Psychologist and Psychotherapist. Among other qualifications he holds a Masters in Psychoanalytic Studies.

This one day workshop will explore how developmental trauma may manifest in adult presentations and provide appropriate interventions to engage with complex trauma. This workshop is open to individuals. The training can also be delivered as in-house training to groups of employees.

This workshop will be delivered live and will allow you to interact with your trainer and other participants in a virtual classroom where, in addition to the workshop content, there will be time built in for live discussions, question & answer sessions and skills practice.

Suitable for those working in psychology, psychotherapy or counselling.

"The content was complex but it was made understandable and relatable. From doing this course it feels clear that trauma is something that affects far more people than it may initially seem in a variety of ways, and that learning about trauma through courses such as this provides the opportunity of potentially far better outcomes for many individuals."

*Barry Moore, Positive Behaviour Support Specialist, Positive Futures, Dublin
November 2022*

"Kevin presents the material in a clear, understandable, cohesive manner which makes it easy to follow and grasp. Opportunities for participants to ask questions and share their experiences. All contributions were very clearly valued, validated, and expanded on."

*Jennifer Carolan, Assistant Psychologist, Child & Family Psychology Services
February 2022*

Date and Times:

- 25 September 2024 (Wednesday), 09.30 - 16.30 (CET-1)

For further details, please click here: <https://www.thelearningcurve.ie/courses/remote-learning-complex-trauma-workshop-1> (<https://www.thelearningcurve.ie/courses/remote-learning-complex-trauma-workshop-1>)

About the Course:

The aim of the workshop is to assist practitioners in identifying signs and symptoms of complex trauma and how it has been appropriated by the adult personality. The workshop will also focus on the hidden aspects of trauma that nonetheless exert influence over the personality. Finally the workshop will address the key therapeutic issues involved in complex trauma such as trust, safety, avoidance, shame and regression, together with the most effective therapeutic strategies for developing a specific therapeutic relationship tailored to the presentation of complex trauma.

Programme Content:

- Types of developmental trauma
- The chronic effect of trauma on development
- The adult manifestation of childhood trauma
- Interventions

Learning Outcomes:

It is hoped that participants will leave the workshop with:

- An awareness of the dynamics of complex trauma
- An ability to observe it's often non-verbal and hidden qualities
- An ability to navigate defences in relation to trauma
- An ability to create an atmosphere of safety, promote trust and the specific conditions necessary for engaging with trauma

Certification:

On completion participants will receive an eCertificate in "Complex Trauma" from The Learning Curve Institute.

About The Learning Curve Institute:

The Learning Curve Institute is Ireland's leading specialist trainer in mental health, addiction and best practice in the workplace providing a bespoke service to healthcare professionals, education establishments and business.

Some of the organisations and bodies that The LCI has delivered in house training workshops and courses to over the past 15 years are:

- EmployAbility
- Health Service Executive
- The Probation Service
- The Defence Forces
- Baxter Healthcare
- Allergan Pharmaceuticals Ireland
- Element Six, De Beers Group
- The Medical Council
- Merchants Quay
- Maynooth University
- The Simon Communities: Dublin, Dundalk, Galway, Belfast and Cork
- The Homeless Agency
- Peter McVerry Trust

Costs:

Price per person: €135. This includes an emailed copy of the workshop slides, other supporting documents and links to relevant literature and a certificate from The Learning Curve Institute.

Booking:

To secure a place on the workshop go to: <https://www.thelearningcurve.ie/courses/remote-learning-complex-trauma-workshop-1> (<https://www.thelearningcurve.ie/courses/remote-learning-complex-trauma-workshop-1>) and book online. For further information or assistance regarding bookings contact the office on 098 25530 or email info@thelearningcurve.ie (<mailto:info@thelearningcurve.ie>). Online payment in full is necessary to book a place on this workshop.

The course has a limited amount of spaces available, so early booking is highly advisable.

Website: www.thelearningcurve.ie (<https://www.thelearningcurve.ie/>)

Phone: 098 25530 (tel:09825530)

Email: info@thelearningcurve.ie (<mailto:info@thelearningcurve.ie>)

Region

Remote

[Further details \(https://www.thelearningcurve.ie/courses/remote-learning-complex-trauma-workshop-1\)](https://www.thelearningcurve.ie/courses/remote-learning-complex-trauma-workshop-1)

Date Entered/Updated

26th Aug, 2024

Expiry Date

20th Sep, 2024

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