

Suicide or Survive: Croke Park Abseil **(<https://www.activelink.ie/node/110432>)**



SOS has a mission to create and deliver innovative approaches that educate, inform, and inspire people to cultivate good mental health and reduce stigma, ultimately leading to fewer deaths by suicide.

One of the key drivers behind the work of SOS is the desire to harness individuals' own strengths and provide them with the tools to improve their own mental wellness. We do this by facilitating workshops and programs across Ireland with the vision of a world where everyone is empowered to look after their mental health, and fewer people die by suicide.

This year, we are thrilled to announce the return of our annual **Croke Park Abseil on September 20th**, an exhilarating challenge that not only raises vital funds for our cause but also symbolizes the courageous step we take in confronting mental health issues. The event promises to be a day filled with excitement, community spirit, and a shared commitment to making a difference. By joining the abseil, you'll not only be embarking on a personal adventure but also contributing to a cause that saves lives and fosters hope. Your participation and the funds raised will directly support our workshops and programs, ensuring we can continue our crucial work across Ireland.

To register your place, email events@suicideorsurvive.ie
(<mailto:events@suicideorsurvive.ie>)

Region
Dublin

Date Entered/Updated
23rd Aug, 2024

Expiry Date
20th Sep, 2024

Attachment	Size
01. Abseil 2024 - Socials.jpg	180.03 KB

Source URL: <https://www.activelink.ie/community-exchange/fundraisers/110432-suicide-or-survive-croke-park-abseil>