

<u>Life Beyond Illness Online Support Group</u> (https://www.activelink.ie/node/110030)

Are you living with a chronic illness and looking for a community that understands and supports you? We're excited to announce the launch of a new online support group designed to empower individuals to live well despite the challenges of chronic illness.

What We Offer:

- Empowerment & Support: Connect with others who understand your journey and share experiences and strategies for living well.
- Practical Tips: Gain valuable insights and practical advice for managing daily life with chronic illness.
- Safe & Respectful Space: A welcoming environment where everyone's experiences and feelings are respected.

We're Looking For:

• Volunteer Facilitator: If you have experience in group facilitation or a background in chronic illness support, we'd love to have you lead our group. Your role will be crucial in creating a positive and supportive space for our members.

Interested in Joining or Facilitating?

- Sign Up Here: Click <u>Here</u>
 (https://docs.google.com/forms/d/e/1FAlpQLScStLl3teAXgXEyopHZSPCVVmxblYKlLm5Ttqj4y_lCvv1Ztg/viewform?
 vc=0&c=0&w=1&flr=0) to fill out a short application form
- Contact Us: Chelsea Chels123ea@gmail.com (mailto:Chels123ea@gmail.com)

When & Where:

Meetings: WeeklyPlatform: Zoom

Who Can Join?

• This group is open to everyone living with chronic illness. No matter what you're facing, you're welcome here.

Help us spread the word and make a difference in the lives of those living with chronic illness.

Region

Online

Sign Up (https://docs.google.com/forms/d/e/1FAlpQLScStLl3teAXgXEyopHZSPCVVmxblYKlLm5Ttqj4y_lCvv1Ztg/viewform?vc=0&c=0&w=1&flr=0)

Date Entered/Updated

6th Aug, 2024

Expiry Date

6th Oct, 2024

Source URL: https://www.activelink.ie/community-exchange/services-requests/110030-life-beyond-illness-online-support-group