

## **Pieta: Jog 120 in July (<https://www.activelink.ie/node/109585>)**



Join thousands of individuals participating in Pieta's Jog in July challenge. By doing so, you'll contribute to raising lifesaving funds for suicide and self-harm services, all while pursuing your own personal fitness objectives.

All you've got to do is WALK, JOG, OR RUN 4 kilometres each day throughout the month of July.

Could you jog 120km in July? We're asking you to walk/run/jog 4km per day in July and help raise funds for our suicide and self-harm services.

By joining Pieta's Jog in July challenge, you'll be making an incredible difference by providing funds towards our services. Pieta is over 85% funded by individuals like you, so thank you for taking on this challenge.

Sign up (<https://givp.nl/register/MW1T6bWX>) for Jog in July now.

We have created a Facebook **Group HERE** (<https://www.facebook.com/groups/751687550484219>) of people like you who are doing this challenge. **Join it** to see how they're getting on!

Any questions? Look at the FAQs below, or email Darran at [challenges@pieta.ie](mailto:challenges@pieta.ie) (<https://givp.nl/register/MW1T6bWX>).

### **More Information (<https://www.pieta.ie/news-resources/events/jog-120-in-july/>)**

#### **Region**

Nationwide

[More Information \(<https://www.pieta.ie/news-resources/events/jog-120-in-july/>\)](https://www.pieta.ie/news-resources/events/jog-120-in-july/)

#### **Date Entered/Updated**

16th Jul, 2024

#### **Expiry Date**

31st Jul, 2024

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**Source URL:** <https://www.activelink.ie/community-exchange/fundraisers/109585-pieta-jog-120-in-july>