

South Dublin County Partnership: Healthy Food Made Easy Coordinator (<https://www.activelink.ie/node/109120>)



Healthy Food Made Easy Coordinator

35 hours / week

South Dublin County Partnership, in partnership with HSE Health & Wellbeing, delivers a suite of training courses and workshops in local communities to help people make healthy eating and lifestyle choices. A vacancy has arisen for a full-time Healthy Food Made Easy Programme Worker position in South Dublin County Partnership.

Position Summary

The Coordinator of the Healthy Food Made Easy Programme will organise and oversee the delivery of a suite of training courses and workshops, from the 6-week Healthy Food Made Easy course to Cool Dudes for children and the unique Weaning Workshop. The courses are delivered in community settings in the Tallaght, Clondalkin, Palmerstown, Lucan, Newcastle, Kildare & West Wicklow areas. The position requires to liaise with community dietitians and peer leaders and also deliver courses yourself as appropriate.

Job Description

The Food and Health Programme consists of a number of initiatives based on providing training courses around making healthy eating and lifestyle choices. The aims of the programme are:

- To provide participants access to much needed information and training around their own and their families' nutritional needs
- To improve attitudes towards food and encourage healthy eating practices
- To empower participants to make healthy, nutritious and economical food choices for themselves and their families

The "anchor" programme is the HSE-developed Healthy Food Made Easy course, in which members of the community are trained as peer leaders to deliver the 6-week course to groups in their local area. Healthy Food Made Easy (HFME) is a practical course which helps participants to plan meals, shop, cook and eat in a healthy way. Other programmes include Cool Dudes (for 9 – 13-year-old children), Healthy Hearts and Baby Food Made Easy (weaning workshops).

The Coordinator is responsible for coordination and delivery of the programme and, in conjunction with relevant partners, develop additional interventions where needs in relation to healthy eating and lifestyle are identified. The worker will also work with the Health House coordinator and the management of the Clondalkin Health House.

Please see full job description attached below.

Application Process:

Postal Applications:

Applicants should pay particular attention to the essential and desirable criteria in the job description, your suitability and why you are the best candidate for this post in question.

Please send three copies of your up to date:

1. **Detailed CV (no more than 2 pages)**
2. **Cover letter**
3. **Confidential application form**

Marked: HFME Coordinator Worker Ref: 145/2024 and should be addressed to:

Administration & Operations Department,
South Dublin County Partnership,
Unit D1,
Nangor Road Business Park,
Nangor Road, Dublin 12.

OR alternatively **email your application** to jobs@sdcpartnership.ie (mailto:jobs@sdcpartnership.ie) – subject box to be marked **HFME Coordinator Ref: 145/2024**

The closing date for receipt of applications is **Friday 5th July 2024 at 5.00pm**

Note no late applications will be accepted.

South Dublin County Partnership is an Equal Opportunities Employer and welcomes applicants from a diversity of backgrounds.



Region

South Dublin

Date Entered/Updated

24th Jun, 2024

Expiry Date

5th Jul, 2024

Attachment	Size
145 HFME Coordinator JD.docx	411.63 KB
145 HMFE Coordinator App F.docx	715.32 KB

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