

Football Cooperative (<https://www.activelink.ie/node/108569>)

A community football health intervention for Men.

We place recreational football as 'a hook' to bring men together to increase physical activity to improve overall health. Our approach focuses on removing barriers, building-community and making-organising-easy. Through a place based model, we incorporate a network of recreational football sites that each deliver weekly games year round. Games provide an opportunity for flexible, inclusive, and team based physical activity focused on friendship, enjoyment with a competitive edge.

Website

<https://footballcooperative.ie/> (<https://footballcooperative.ie/>)

Source URL: <https://www.activelink.ie/irish-links/men/football-cooperative>