

## **Irish Council for Psychotherapy (ICP)** **(<https://www.activelink.ie/node/104877>)**

The **ICP** is the national umbrella body for **Psychotherapy** in **Ireland** and a not-for-profit organization. The **ICP** contributes to public health by encouraging the highest standards of training, practice, and on-going education of psychotherapists. The **ICP** also promotes psychotherapy as an effective intervention for good mental / emotional health.

Currently, it represents over **1,700** psychotherapists nationwide. It is also the **National Awarding Organisation (NAO)** for the **European Certificate of Psychotherapy (ECP)**. **ICP** acts as a link between those who are looking for psychotherapeutic services and those who provide psychotherapeutic services.

The **ICP** is an umbrella organisation with **four sections / disciplines (Cognitive and Behavioural Psychotherapies, Couple and Family Therapy – Systemic Psychotherapies, Humanistic and Integrative Psychotherapy, Psychoanalytic Psychotherapy)**; representing the broadest range of psychotherapists in Ireland. The **four sections / disciplines** encompass **10 member organizations**. Three have one organisation affiliated with it - **Psychoanalytic Therapy** has seven organisations listed with them.

The **National Register** of fully accredited psychotherapists is available on the website. All **ICP** registered psychotherapists have reached a standard of training which is in line with **European Training Standards** – which involves seven years of training, i.e., primary degree and four years specific psychotherapeutic training.

### **Mission**

The mission of the **Irish Council for Psychotherapy** is to consolidate and promote psychotherapy as a free and independent profession. We do this by promoting the widest provision of psychotherapy for the public and encouraging high standards of training, practice, and ongoing education of our psychotherapists so as to contribute to public health.

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